

***Katherine Gibbs, Psy.D.
P.O. Box 775432
Steamboat Springs, CO 80477
(970) 879-7540***

State law requires all psychotherapists to provide the following information at the time of the first counseling session. If you have any questions regarding this, or any other information regarding your therapy or therapist, PLEASE ASK.

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- Dr. Katherine Gibbs, Psy.D. (Doctorate of Psychology) is a licensed psychologist (CO # 1676)
 - Dr. Gibbs is an independent practitioner of psychology and is not affiliated with any other person, corporation, or legal entity.
 - Her academic training is:
 - B.A. in psychology from the University of California, Davis
 - Psy.D. in clinical psychology from Denver University
 - Internship at Children's Hospital, Denver
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You are encouraged to seek a second opinion regarding your treatment, and Dr. Gibbs will provide you with the names of qualified psychotherapists at your request. Please ask any questions you may have regarding treatment methods, duration of treatment, fee structure, or your therapist's credentials, education, or experience. You may terminate therapy at anytime.

The practice of licensed or registered persons in the field of psychotherapy is regulated by the Mental Health Licensing Section of the Division of Registrations. For further information or to file a complaint, The Department of Regulatory Agencies, Colorado Board of Psychologist Examiners can be reached at 1560 Broadway, Suite 1350, Denver, Colorado 80202, (303) 894-7800.

The regulatory requirements applicable to mental health professionals are:

- ✓ Registered psychotherapist is a psychotherapist listed in the State's database and is authorized by law to practice psychotherapy in Colorado but is not licensed by the state and is not required to satisfy any standardized educational or testing requirements to obtain a registration from the State.
- ✓ Certified Addiction Counselor I (CAC I) must be a high school graduate, complete required training hours and 1,000 hours of supervised experience.
- ✓ Certified Addiction Counselor II (CAC II) must complete additional required training hours and 2,000 hours of supervised experience
- ✓ Certified Addiction Counselor III (CAC III) must have a bachelor's degree in behavioral health, complete additional required training hours and 2,000 hours of supervised experience.
- ✓ Licensed Addiction Counselor must have a clinical master's degree and meet the CAC III requirements.
- ✓ Licensed Social Worker must hold a master's degree in social work.
- ✓ Psychologist Candidate, a Marriage and Family Therapist Candidate, and a Licensed Professional Counselor Candidate must hold the necessary licensing degree and be in the process of completing the required supervision for licensure.
- ✓ Licensed Social Worker, a Licensed Marriage and Family Therapist, and a Licensed Professional Counselor must hold a master's degree in their profession and have two years of post-masters supervision.

- ✓ A Licensed Psychologist must hold a doctorate degree in psychology and have one year of post-doctoral supervision.

In a professional relationship, sexual intimacy is never appropriate and should be reported to the board that licenses, registers, or certifies the licensee, registrant to certificate holder.

In general, information provided by and to the client during therapy sessions is legally confidential and cannot be released without the client's consent. Certain information disclosed in psychotherapy CANNOT be held as confidential. Some exceptions to confidentiality are listed in section 12-43-218 of the Colorado Revised Statutes is available at: <http://www.dora.state.co.us/mental-health/Statute.pdf>. An example of an exception to confidentiality is that your therapist is required by law to report a) any alleged incident of child abuse or neglect, and b) any direct threat to harm self or another person. Any other legal exceptions will be identified should such situations arise during therapy.

In case of an emergency, you may call your therapist at the office or on her cell phone. If your therapist will be unavailable for an extended period of time, the name of a support therapist will be provided to you. Unless lengthy times are arranged between sessions, regular sessions will be scheduled as needed. If an appointment is not previously made and you do not call Dr Gibbs within 60 days of your last session, your chart will be closed and a new intake session will need to be scheduled to re-open your chart.

Dr Gibbs does not have a social media presence and cannot be expected to receive any information from her clients through social media platforms. The best way to reach her is through texts on her cell phone. She also has a land- based phone line, but messages there are not reviewed on a daily basis.

If you have insurance, Dr Gibbs will request that you place a credit card on file during the intake session to pay for each session's deductible and/or copay payment. A statement by email will be sent to you at the time of payment for your records. If you have any specific instructions regarding your credit card on file please share them with Dr Gibbs or her billing coordinator.

I have read the preceding information, it has also been provided verbally, and I understand my rights as a client or as the client's responsible party.

Print Client's Name

Client's or Responsible Party's Signature

Date

If signed by Responsible Party, please state relationship to client and authority to consent:
